Create a better world.
Create a better Baltimore.
Create a better you.

Participant Information Packet
Class Eight: Summer 2017 – Spring 2018
Program Calendar

☐ **Orientation Sessions**
Tuesday, May 2, 2017 @ NDMU/Loyola
Wednesday, May 3, 2017 @ UMBC

☐ **Institute Week**
Monday, August 7 – Saturday, August 12, 2017
Week-long overnight retreat that begins each participant’s Collegetown LeaderShape program.
At Notre Dame of Maryland University

☐ **Fall Retreat**
Sunday, October 8, 2017
An opportunity for participants to gather and refocus their visions with the help of alumni mentors, their Family Clusters, and Baltimore Collegetown staff.

☐ **Family Cluster Community Activity (Fall)**
Time and Date vary depending on Family Cluster
Each Family Cluster plans and participates in one community-based activity as a group during the Fall semester following the Institute week. Activities include tours, educational/speaker sessions, or volunteer-based projects.

☐ **Campus Lunches (Fall)**
Time and Date vary depending on students’ schedules
An opportunity for participants to meet with campus leaders and Baltimore Collegetown representatives to discuss program experiences and give feedback.

☐ **Spring Retreat**
Saturday, February 3, 2018
Reenergize with family clusters, hear from community partners, and have an opportunity to dig deeper into community engagement and social justice.

☐ **Spring Project 2018**
Unique to each participant, based on his or her vision
The Spring Project allows each participant the chance to further his or her vision for Baltimore. Examples can be found on the Collegetown website and include internships, volunteer opportunities, and program development. Students are also eligible to apply for grants to help fund their Spring Project.
Note: Grant funds are available to support projects. Grant applications are open from October – December.

☐ **Commencement Ceremony**
April 6, 2018
Celebrate your journey with members of your class and leaders who make the program possible.
What to Expect

You are beginning an intentional journey where you will create, refocus, and take action on a positive social change vision. Your journey starts with the Institute week, but does not end there. Here is a little information to help you prepare for this unique experience.

**During the Institute week**
This program is an intensive, energizing, and unique six-day educational experience designed to develop young adults to *lead with integrity*.

The success of this program depends on full interaction of all participants, which is why participants are expected to remain on site for the entire week. Participants will complete Learning Agreement contracts, which indicates they are fully committing to the Collegetown LeaderShape program.

You will spend much of your time completing activities in small groups called “Family Clusters,” which allows participants to quickly adapt to the program with the support of a close-knit group. Participants will also spend time developing team-building and leadership skills through various group activities.

*Note:* We purposefully do not provide specific agendas or schedules ahead of time for the activities you will engage in during the week. Instead, we ask you to come with an open mind and a willingness to engage with other dynamic individuals.

**During the year-long program**
Each component of the program builds upon the next. You will receive regular updates from Collegetown staff between sessions and the amount of time you invest in your vision outside of the program is up to you. Consistent attendance and participation is how you:

- Gain the most from the program
- Invest time in your vision and yourself
- Complete Collegetown LeaderShape

**Think about this:** Every year has 8,760 hours. Collegetown LeaderShape is 100 hours over one year. We are asking for 1% of the upcoming year. Give us 100 hours and we will give you an unforgettable experience.

**If Collegetown LeaderShape were a class**

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Institute Week</td>
<td>30%</td>
</tr>
<tr>
<td>Fall Retreat</td>
<td>10%</td>
</tr>
<tr>
<td>Community Activity</td>
<td>10%</td>
</tr>
<tr>
<td>Spring Retreat</td>
<td>10%</td>
</tr>
<tr>
<td>Participation and Attendance</td>
<td>40%</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td><strong>100%</strong></td>
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</tbody>
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Showing up matters. Showing up is the hardest part of the program. Make this commitment, and this program will make a difference in your life.
Institute Week Packing Guidelines

As you prepare to come to the Institute week for Collegetown LeaderShape, we hope you will bring the following clothing and supplies listed below. It can be very warm outside but cool in the building. We suggest you bring everything, including all of those items that are listed as optional.

- 7 comfortable, casual outfits
- 7 pairs of socks/underwear
- 2 pairs of pajamas
- 1 set of casual clothes you can get dirty
- 1 sweatshirt or sweater
- 1 light jacket
- 3 pairs of shoes (1 casual, 1 professional, 1 athletic)
- Flip-flops or shower shoes
- Reusable water bottle
- 1 professional dress outfit (sport jacket and tie or dress, skirt/blouse)
- Linens/Blankets/Towels/Pillow (standard twin bed)

We also suggest:

- Your own personal toiletry items
- 1 week of prescription medication (if needed)
- Poncho or umbrella
- Sunscreen
- Sunglasses
- Alarm clock
- Camera
- Personal journal
- Nominal spare cash (for personal needs)
- Snacks (although some snacks are provided)
Baltimore Community Information & Resources

Baltimore City Vital Signs: [http://www.bniajfi.org/vs/vital_signs](http://www.bniajfi.org/vs/vital_signs)
Students in Service AmeriCorps: [www.studentsinservice.org](http://www.studentsinservice.org)

Community Partners

**Arts & Culture**
- Art with a Heart
- Greater Baltimore Cultural Alliance
- Station North
  - www.artwithaheart.net
  - http://baltimoreculture.org
  - www.stationnorth.org

**Healthy Families**
- Baltimore Child Abuse Center
- Bon Secours
- Fuel Fund of Maryland
- House of Ruth Maryland
- My Sister’s Place
  - [http://www.bcaci.org/](http://www.bcaci.org/)
  - [https://bonsecours.com/baltimore/our-services/community-services](https://bonsecours.com/baltimore/our-services/community-services)
  - [http://www.fuelfundmaryland.org/](http://www.fuelfundmaryland.org/)
  - [www.hruth.org](http://www.hruth.org)

**Healthcare**
- Charm City Clinic
- Chase Brexton Health Services
- Healthcare for the Homeless
- Project PLASE
  - [https://charmcityclinic.org/](https://charmcityclinic.org/)
  - [www.chasebrexton.org/](http://www.chasebrexton.org/)
  - [www.hchmd.org](http://www.hchmd.org)
  - [www.projectPLASE.org](http://www.projectPLASE.org)

**K-12 Education**
- Baltimore City Public Schools
- Higher Achievement
- Junior Achievement
- Pencil (Business Volunteers)
  - [https://www.bcps.org/community/volunteer_info/](https://www.bcps.org/community/volunteer_info/)
  - [https://higherachievement.org/](https://higherachievement.org/)
  - [https://jamaryland.org/](https://jamaryland.org/)

**Sustainability/Green**
- Baltimore Community Toolbank
- Blue Water Baltimore
- Parks and People
  - [www.bluewaterbaltimore.org](http://www.bluewaterbaltimore.org)
  - [www.parksandpeople.org](http://www.parksandpeople.org)

**Neighborhood Revitalization**
- Baltimore Community Associations
- Central Baltimore Partnership
- Civic Works Baltimore Service Corps
- Strong City Baltimore
- United Way of Central Maryland
  - [http://cityservices.baltimorecity.gov/cad/Home.aspx](http://cityservices.baltimorecity.gov/cad/Home.aspx)
  - [http://www.centralbaltimore.org/](http://www.centralbaltimore.org/)
  - [www.civicworks.com](http://www.civicworks.com)
  - [https://strongcitybaltimore.org/](https://strongcitybaltimore.org/)
  - [http://www.uwcm.org/](http://www.uwcm.org/)